



CULTURE

The New Protection: Why You Shouldn't Have Sex With Him If He's Covid Vaccinated

Shocker, it's not just a conspiracy! New evidence has emerged suggesting that mRNA vaccines can produce viral shedding. So, perhaps you're justified after all for being pretty picky about your sexual partner.

By Andrea Mew

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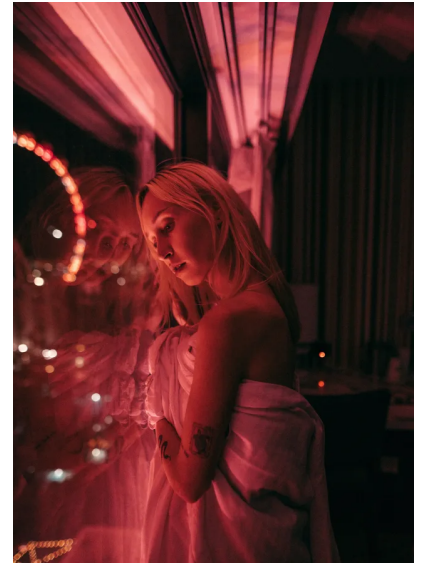
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Sometimes you'll hear people say things like, "Don't have sex with somebody if you're not willing to raise a kid with them." Perfectly valid, if I'm to be completely honest. You may not want to be on hormonal birth control due to its [slew](#) of moderately pesky to potentially severe side effects, you may both feel discomfort from or have allergic reactions to condoms, or you might not want to allow a man access to your body without a lifetime commitment.

Indeed, sex opens up the door to a host of complexities – whether that's the potential for the woman to become pregnant or for either the man or the woman to pass along a [sexually-transmitted infection](#) (STI or STD). Thankfully, there are modern inventions that can protect you from contracting an STI (like condoms), but experts do admit that some of the best options are abstinence or choosing your partner more wisely.

So, by the same token, what if when having sex with a man who received the Covid-19 vaccine, you could also be exposing yourself to adverse vaccine reactions? You may not be vaccinated for any number of reasons, but even if you're totally Covid jab-free, it turns out your man could pass some potential problems onto you.

Isn't Vaccine Shedding Just a Conspiracy Theory?