

Even more evidence that nobody should wear a face mask

First of all, they don't work. Second of all, they are detrimental to your health.



STEVE KIRSCH

SEP 16, 2023



626



226



45

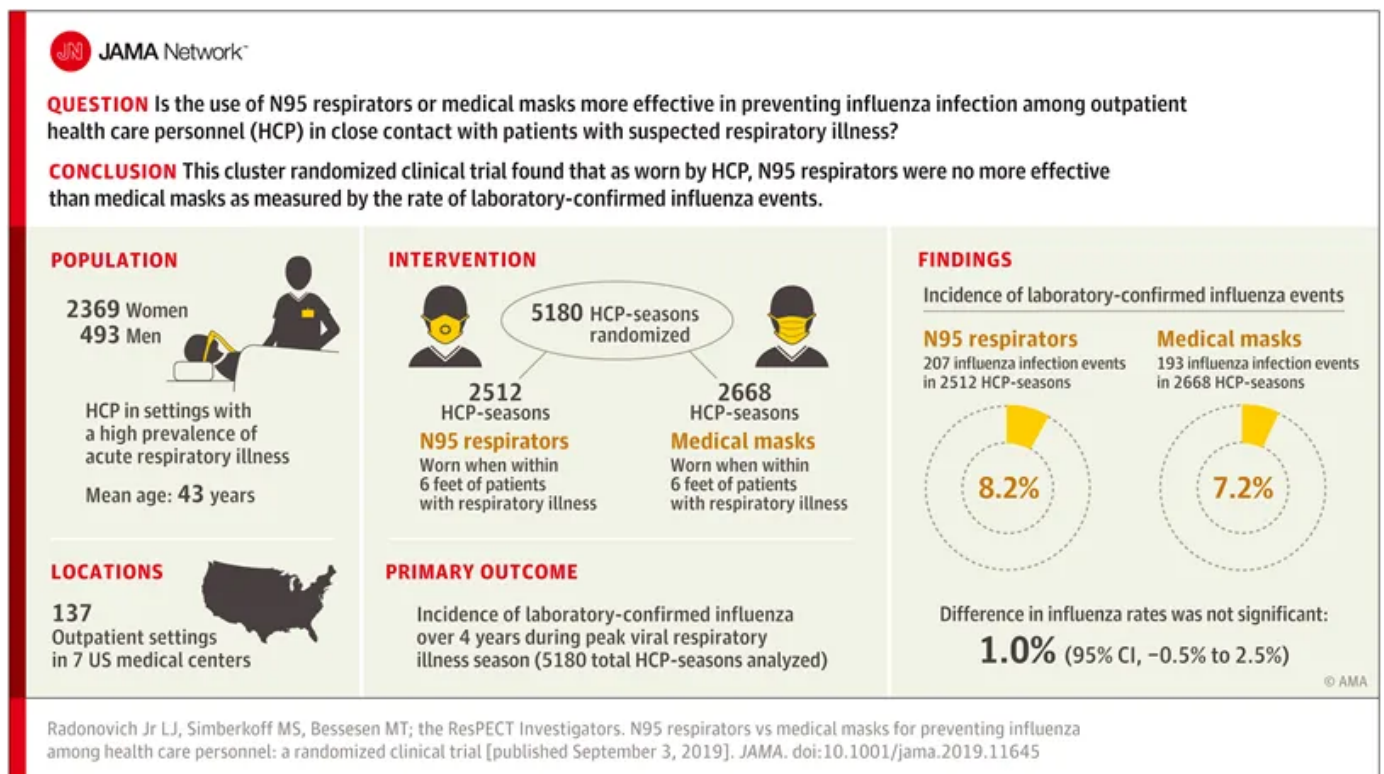
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I recently updated my [Bangladesh study mask article](#) to add two new resources of interest.

1. A [paper published in JAMA in 2019](#) showed that surgical masks and N95 masks were completely ineffective against the flu. They

both offered the same amount of protection, i.e., none. This is of course why nobody wears them to stop a virus. In fact, the surgical mask actually performed slightly better than the N95 mask in the study. How can that be? It's obvious: both masks offered no protection whatsoever so it was a wash and the differences were simply random.



2. This [tweet by Robin Monotti](#) summarizes a new study done in Germany showing that

masks cause unsafe levels of CO2 with devastating health consequences that the CDC doesn't want anyone to know about.

[Read more.](#)



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John Linder Writes THE LINDER LETTER Sep 20
I know you are out of pocket for a bit, but when you get a chance, watch the first 15 minutes of this hearing. It portends ill for the future. It is on YouTube.

SC Senate Hearing - USC Professor Dr. Phillip Buckhaults

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Jed Shlackman Sep 19

With face mask research any apparent positive effect of a mask in a study could be explained by the psychology of the sample population. People conditioned to believe they need a mask for protection could feel stress/anxiety without a mask and increase their likelihood of developing illness due to the psychological stress of not having the mask for those attached to masks. If a study shows no benefit from a mask that could be a sign that the harmful effects of mask wearing have outweighed or canceled out the placebo effect of the mask. As people lose their misguided faith in masks you would expect the research findings on masks to become more negative as the placebo boost dissipates.

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