



October 6, 2023 Health

Young and Middle-Aged Adults Are Dying Unexpectedly in Their Sleep

50 summer cases of SADS deaths during sleep.

By Influencers

This article originally appeared on

***[makismd.substack.com](https://www.makismd.substack.com)** and was republished with*

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Young and Middle-Aged Adults Are Dying Unexpectedly in Their Sleep

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Guest post by [Dr. William Makis](#)

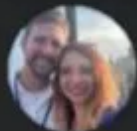
Oct.3, 2023 - Columbus, OH - 31 year old Brian Baseler, OneAmerica Relationship Director died suddenly in his sleep. He had his COVID-19 Booster on Jan.30, 2022.

5 Times Dr. “Zev” Zelenko’s Bold Claims Became Undeniably True

Pseudouridine: What is it and Why Should you Care? Dr. Robert Malon



X/@tulloch1978
DIED SUDDENLY
HELLODAVE
Brian Baseler
30 JAN 2022



Amanda Thompson is with Brian Baseler and 2 others.

7 h · 🌐

4th October, 2023

It is with a heavy heart I write this post. I am extremely saddened to say that Brian Baseler passed away very unexpectedly, but peacefully, in his sleep yesterday. There are simply no words for the depth of loss we are feeling as a family right now, especially my parents, who truly lost their baby.

We appreciate the outpouring of love and suppo... See more

 297

Ohio

151 comments

Sep.26, 2023 - New Jersey - 46 year old rapper and actor Nashawn Breedlove, who starred in the Eminem movie "8 Mile" died suddenly in his sleep



NASHAWN IN THE MOVIE "8 MILE"

Alamy

EXCLUSIVE DETAILS

'8 MILE' ACTOR NASHAWN BREEDLOVE DEAD AT 46



Nashawn Breedlove, 8 MILE star and battle rapper, has died at the age of 46. The actor, best known for his role as Lotto, opposite Eminem in the 2002 [film](#), [died in his sleep at home in New Jersey](#), [TMZ reported](#) [↗](#). However, the cause of death has yet to be revealed.

The 46-year-old starred in the film 8 MILE with renowned rapper Eminem, which was partially inspired by the songwriter's own life. Nashawn appeared in a scene in which his character Lotto competed in a rap battle against Eminem's B-Rabbit.

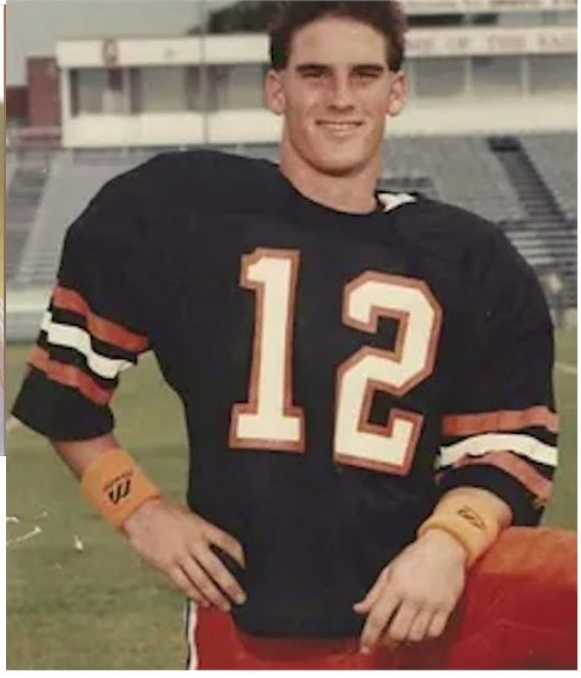
In the film. Nashawn sings, "I feel bad I gotta murder that dude from 'Leave it to Beaver,'" and the crowd goes wild, albeit he eventually loses the showdown.

Sep.16, 2023 - Hermosa Beach, CA - 48 year old Matthew Hobbie, former Sarasota Sailors Two-Sport Star and baseball player, died suddenly in his sleep.



HERMOSA BEACH, CA (SNN-TV) - Former Sarasota High baseball and football star Matt Hobbie was found dead Saturday morning at his Hermosa Beach, California home.

In 1993, Hobbie passed for 1,330 yards and seven TDs for the Sailors. He also ran for 633 yards and 10 TDs. He left Sarasota having completed 56% of his passes for 3,242 yards and 18 TDs. Hobbie's football prowess earned him a scholarship to the University of Kentucky. He stayed there a year, but then used his selection by the Cleveland Indians in the sixth round of the 1993 draft to enter pro baseball and have a five-year, minor-league career.



Sep.15, 2023 - California - Singer JC Gafford died suddenly in his sleep



Tobi Simmons is 🙄 feeling sad. •

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23m · 🌐

I'm totally devastated to hear that my dear friend [JC Gafford](#) passed away in his sleep 9/15/23. No other details have been reported.

I've got no words.
RIP my friend you will be sorely missed.

JC Gafford
20 AUG 2021

Sep.14, 2023 - Spain - Bob Campenaerts from Antwerp, Belgium, died in his sleep on a cycling holiday in Spain



Radio 2, Sam De Meulder
Fri 15 Sep © 16:43



2

Bob Campenaerts, beloved café boss of Café Mombasa in Borgerhout, died unexpectedly on a cycling holiday

Borgerhout is in mourning because Bob Campenaerts, manager of Café Mombasa on Moorkensplein, died unexpectedly. Campenaerts was a well-known sight in Borgerhout and he was also very popular. He was also one of his cousin's most loyal supporters, cyclist Victor Campenaerts. Café Mombasa is also Victor's supporter café. Bob died in his sleep on a cycling holiday in Spain.

In disbelief, with torn heart and an indescribable pain, I let you know that my dear Bob didn't wake up while resting yesterday." That writes the partner of Campenaerts, Rein Adons, on the Facebook page of café Mombasa. Campenaerts was on a cycling holiday with friends in Spain. The death comes completely unexpectedly. Bob Campenaerts was one of the driving forces of the revival of the neighborhood around the Moorkensplein in Borgerhout. When the couple started the cafe, there was hardly any social life in the square.

Sep.11, 2023 - NY - Christopher Mellblom died suddenly in his sleep on Sep.11, 2023 from a "heart issue"



Christopher Mellblom Obituary

Christopher "Chris" Reagan Mellblom
September 11, 2023

Christopher "Chris" Reagan Mellblom passed away peacefully in his sleep of an undiagnosed heart issue on September 11, 2023. Born in Liverpool, NY and then moving to Dewitt, NY he was a graduate of Jamesville-Dewitt High School. Chris was employed by the NYS Department of Agriculture & Markets where he was a Food/Animal Feed inspector. He attended the Culinary Institute of America for Culinary Arts, Allegheny College in Nutrition and received his BA from Kansas State University in Food Science. He was recently accepted at Michigan State University for a master's in food safety. Chris' love for food was evident. Making it, cooking it, eating it and

Sep.5, 2023 - Melbourne, Australia - 17 year old Melody Southon, a teenage girl from Seabrook died in her sleep on Sep.5, 2023.

A family has been left without answers after a teenage girl from Victoria has unexpectedly died in her sleep.

Melody Southon, 17, from Seabrook in Melbourne's southwest, went to bed on Monday night and didn't wake up.

The Year 11 student who was "beautiful, outgoing, happy and bright" had no known health condition but went to school "suffering" on Monday.

"She looked weak and other people sensed that she looked sick and tired," her sisters told news.com.au.



Melody has been remembered as a "beautiful, outgoing, happy and bright" young girl. Picture: Supplied

Melody Southon



Ellen Southon is organizing this fundraiser.

Sep.3, 2023 - Nashville, TN - 32 year old Heather Nichole Fink died suddenly in her sleep on September 3, 2023. "I got my second COVID-19 vaccine yesterday...omg my body is not ok lol"



BROUGHT TO YOU BY [ELLIS FUNERAL HOME](#)

Heather Nichole Fink

Nashville, Tennessee

October 8, 1990 - September 3, 2023



Tribute Wall

Obituary & Events



Heather Fink

Feb 8, 2022 · 🌐

I got my second COVID vaccine yesterday..... Omg my body is not ok lol.....I woke up thinking damn I was lifting weights yesterday wasn't I 😭😭😭😭
Bless it 😊



Sissy Brown is with **Heather Fink** and **Michelle Brown**. · [Follow](#)

1h · 🌐 **Tennessee, USA** **September 3, 2023**

I JUST CANNOT PROCESS THIS ONE EITHER!!!
LORD MY GIRL [Heather Fink](#) IS GONE! SHE PASSED AWAY UNEXPECTEDLY IN HER SLEEP. GOD SAID IT WAS TIME, BUT I WASN'T READY FOR THIS! WE BECAME GOOD FRIENDS WHEN WE WORKED AT GORDON'S AND SHE SUPPORTED EVERYTHING. ALL SHE WANTED TO DO WAS PROMOTE AND HELP PEOPLE AND SHE HAD JUST RECENTLY GOT HIRED AT 92Q ON THE PROMO TEAM. WE WERE JUST DOING OUR THING AT OAK GROVE ON THURSDAY !
😭😭😭😭😭..
REST WELL FRIEND. I LOVE YOU AND I'M PRAYING FOR YOUR BABIES. LORD HAVE MERCY..

Sep.2, 2023 - Pahoia, HI - Melissa Torrente, young mother of 2, teacher and social worker died suddenly in her sleep on Sep.2, 2023.

LOVE & SUPPORT! Melissa & Sean's family fund



 daniel torrente is organizing this fundraiser on behalf of Sean Bridegam.

Melissa Torrente died in her sleep the night of September 2nd. This sudden unexpected death is deeply saddening for her family, her husband's family, and the many friends Melissa and Sean have amassed together. Melissa was always a strong supporter of community and would have wanted me to reach out to all of you who can help support her husband Sean and their two wonderfully mischievous children.








Melissa dedicated her professional life to helping individuals move through grief and trauma. She started on this path and began improving her skills in the early 2000's as a Care Worker at a Youth Residential Treatment Center. Next she became a Teacher at a Title 1 School. After these formative experiences she went after a Masters Degree in Social Work and brought her light into Child Protective Services as a Social Worker. After CPS and gaining her LCSW Melissa moved to Guatemala to fortify her Spanish speaking skills and worked as an Elementary School Therapist (where she snatched up Sean as well). Melissa




\$33,055 USD

177 donations



-  Anonymou
\$25 • 19 h
-  Rick Batch
\$100 • 2 d
-  Anonymou
\$500 • 3 d
-  Angela Jo
\$20 • 3 d
-  Sejal Meht
\$50 • 3 d

[See all](#)

-  Anonymou
\$500 • 3 d
-  Angela Joy
\$20 • 3 d
-  Sejal Meht
\$50 • 3 d

[See all](#)

**Sep.4, 2023 - Italy - 64 year old Italian
Doctor Dr.Piero Realdon, died suddenly in his
sleep on Sep.1, 2023**



Piero Realdon is with Miryam Patricolo.

4 Jan 2021 · 🌐



ILGAZZETTINO.it



Vaccino? Fatto!

Vaccine ? Done !

⚙️ · Rate this translation

Padua. Fatal illness, Dr. Realdon dies: he was director of the Terme Colli dell'Ulss district

He would have turned 65 on September 15th



Monday 4 September 2023 09:16

DIED SUDDENLY

of Web editorial

ITALY 🇮🇹

[PADOVA](#) - Doctor Piero Realdon is dead Friday 1st September. The director of the Ulss Terme Colli district would have turned 65 on September 15th and appears to have been caught by a [malore](#). On Friday night he went to sleep in his house in the Santa Rita area and never woke up: his thirty-year-old son

**X/@tulloch1978
HELLODAVE**

Cinzia Trevisan
Bravo Doc !!!
See translation
2 y Like Reply 2 🥰

Graziano Preite
Piero Realdon get all my envy! I, as a "poro retired" will have to wait for my age group to be vaccinated, which is not that advanced to allow me a priority. But ill be patiently waiting for my turn.
Automatically translated
2 y Like Reply 6 🍌

Piero Realdon
Graziano meanwhile, preserve it! 🙄
Automatically translated
2 y Like Reply 1 🍌

👍👎🗨️ 156

72 comments · 2 shares

Sep.3, 2023 - Australia - Eileen Ella Saunders died in her sleep



Eileen Ella Saunders

Aug 3, 2021 · 🌐

True dat 🤔 I'm still getting my jab on Saturday.

Everyone who received the first small pox vaccine in 1798 has died. Makes you think.



AUSTRALIA



Eileen Ella Saunders is with **Emma Davies** and **Chris Saunders**.



8h · 🌐 **4THSEPTEMBER, 2023**

Hi All, Chris and Emma here. We have some extremely sad news - Eileen passed away in her sleep in the early hours of Sunday morning. We are all so devastated by her loss. We will let you know when we have details to share about the funeral. Much love to all her family and friends from [Emma Davies](#) and [Chris Saunders](#) x

Sep.2023 - Dearborn, MI - 41 year old truck driver Muhannad Majeed, died suddenly in his sleep while on his trucking route in Laredo, Texas



TCD Dearborn News is in Dearborn, MI, United States.

Yesterday at 17:10 · 🌐

A 41-year-old Dearborn father is dead, leaving behind his pregnant wife and 2-year-old son.... See more

Dearborn Father Leaves Behind Pregnant Wife and 2-Year-Old Son After Being Found Dead on Truck Route



👍👎🗨️ 427

224 comments · 14 shares

A 41-year-old Dearborn father is dead, leaving behind his pregnant wife and 2-year-old son.

Muhannad Majeed, a truck driver from Dearborn, Michigan, passed away in his sleep due to a sudden heart attack while on his trucking route in Laredo, Texas.

He left behind his wife, who is pregnant, and their two-year-old son. The community is coming together to support the family during this difficult time by setting up a GoFundMe campaign to help with their needs.

A 41-year-old Dearborn father has passed away, leaving behind his pregnant wife and 2-year-old son.

Mohannad Majeed, a truck driver from Dearborn, Michigan, died in his sleep due to a sudden heart attack while driving on a trucking route in Laredo, Texas.

He left behind his pregnant wife and their two-year-old son. The community is coming together to support a family during this difficult time by setting up a GoFundMe to help meet their needs.

Thanks for reading from [Ghsplash](#) a news publishing website from Ghana. Share this article, For spelling mistakes and other related issues [contact us](#)

Aug.28, 2023 - Italy - 37 year old Michele Brigidi died suddenly in his sleep on August 28, 2023. He was found dead in his bed by his parents

Tragedy at home, found dead in his bed: a cadaveric inspection is arranged

Pain and sadness in Gambettola who was struck by a sudden mourning that snatched a young man from life



Photo taken from Facebook



Listen to this article now...



Pain and sadness in Gambettola who was struck by a sudden mourning that snatched a 37-year-old young man, Michele Brigidi, from life. His father Giuliano, in the town, is extremely known for having been to the pension (in 2019) the family medical historian in Gambettola.

LEGGI ANCHE

■ **Slashed by an illness when leaving the pharmacy**

The tragedy materialized at home in the late Saturday morning, around 12 noon, when the boy's parents set off the alarm. The ambulance of 118 and the Carabinieri of Gambettola station rushed on the spot. The 37-year-old was lying in bed and giving no signs of life, the doctor unfortunately could not help but ascertain the death by certifying that the death occurred due to natural causes.

Unfortunately, a fatal illness at the basis of the death of the 37-year-old, however, the Prosecutor's

**Aug.20, 2023 - UK - 31 year old Aaron Swift
died in his sleep on August 20, 2023 "he died
in his sleep without any health issues or
warning prior"**

Aaron's funeral



Marie Swift is organizing this fundraiser.

Created September 3rd, 2023 •  [Funerals & Memorials](#)

Hi,
we unexpectedly lost Aaron on the 20th of August aged 31, he **died in his sleep** without any health issues or warning prior, we are trying to raise enough funds to give him the best send off he deserves! He was the most caring & loving man!

Aug.20, 2023 - Adelaide, Australia - 14 year old William Pfeiffer died suddenly in his

**sleep on Sunday, Aug.20, 2023. He had no
known medical history.**



William Pfeiffer (pictured), 14, who died suddenly in his sleep last Sunday had no known previous medical history which could explain the tragedy

Tragedy as 'fit and healthy' Adelaide teen William Pfeiffer dies in his sleep

- Boy, 14, had no known medical history to explain tragedy
- He spent his last hours alive at his grandparents' house

By [PADRAIG COLLINS FOR DAILY MAIL AUSTRALIA](#)

UPDATED: 04:19 EDT, 23 August 2023



1.3k
shares



View comments

A teenager who died suddenly in his sleep last Sunday had no known previous medical history which could explain the tragedy.

William Pfeiffer, 14, is being remembered as a happy boy with a bright smile and a heart of gold by his parents, five siblings, grandparents and school friends.

The South Australian boy spent his last hours at his grandparents' **Adelaide** home, laughing and enjoying their company.

'No parent should ever have to endure the loss of a child,' family friend Nicole Baans wrote on the **fundraiser** she has set up for William's distraught family.

Aug.19, 2023 - Australia - 39 year old Lindy Joy Turner from Geelong, Australia, died in her sleep in Bali, Indonesia after struggling with a cold and breathing difficulties



Lindy Joy Turner died in her sleep one night in Bali, Indonesia, after battling a flu-like illness. Picture: GoFundMe

Geelong mother Lindy Joy Turner was staying on the Indonesian tourist hotspot when it's understood she died some time this week.

Her family has set up an online fundraiser to raise money for her funeral costs.

READ NEXT

“Sadly we would like to announce the passing of Mick’s beautiful wife of 39 years Lindy Joy Turner,” reads the GoFundMe campaign description.

“Lindy passed away in her sleep here in Bali. The reasons are still hazy but she was struggling with a huge cold and breathing difficulties.

“Her lungs were full of fluid and her body just could not cope.”

Aug.19, 2023 - California - Eileen McLoone died suddenly in her sleep on Aug.19, 2023



Eileen McLoone is with **Brianna Rose Valenti**. **17th September, 2023**



3 h · 🌐

California

Hello everyone! My name is Brianna Valenti. I am Eileen McLoone's daughter. My mother passed away unexpectedly in her sleep on August 19th, cause still unknown. I am in the process of planning a memorial service projected to take place next year 2024 after the holidays, possibly in the month of March. If you are interested in attending the memorial service, please send me a direct message to my Facebook profile with your contact information including your name, email, and phone number for an invitation. RSVP will need to be submitted by the date listed on the invitation for catering and venue purposes. Thank you for taking the time to read this post and hope to hear from all of you soon. My direct line is 7605745124 if you have any immediate questions or concerns.



Eileen McLoone updated her profile picture.



17 Apr 2021 · 🌐

X/@tulloch1978
DIED SUDDENLY
HELLODAVE



Aug.18, 2023 - Warrington, UK - 39 year old Anne-Marie Barber died in her sleep on Aug.18, 2023 after complaining of abdominal pains or period pains.



Anne-Marie, 39, suffered from endometriosis and complained about period pain before her death (Image: Amanda Barber)

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Mum, 39, who went to bed with period pains never woke up as family hunt for answers

Anne-Marie, 39, suddenly passed away shortly after expressing that she was suffering from period pains – the mum leaves behind her 21-year-old daughter Bethany and her family

By **Monica Charsley**, News Reporter & Page Oldfield

15:50, 2 Sep 2023 | UPDATED 17:32, 2 Sep 2023

| 27
| BOOKMARK

A heartbroken sister has paid tribute to her younger sibling after she received a shock phone call to say her sister had gone to bed with **period** pains and never woke up.

Amanda Barber has been left searching for answers after her sibling **Anne-Marie, 39**, mysteriously passed away in her home in Warrington, Cheshire. The **mum-of-one** complained of abdominal pains on the evening of August 18 and decided to take some painkillers before bed. But when her partner went to check on her he couldn't wake her up.

**Aug.18, 2023 - UK - 28 year old Cameron
Amor died in his sleep on Aug.18, 2023.
Autopsy concluded: “Sudden Adult Death
Syndrome”**



Cameron Amor, from East Yorkshire, has sadly died at age 28 (Image: Facebook)

The heartbroken family of a much-loved "gentle giant" who tragically died the day after his mum's birthday have paid moving tribute.

Popular Cameron Amor, who worked as a Supervisor at the Biogas plant in Driffield, East Yorkshire, had been enjoying a Chinese takeaway, playing PlayStation, and celebrating his mum's birthday on Thursday, August 17.

After stopping going to the shop to buy his mum flowers and enjoying a Chinese with her and their family, Cameron, aged just 28, went to bed, ready for an early start at work the next day. Tragically, when his mum noticed he was not up and his alarm was still going off past 5.30am, she went to wake him but he was found unresponsive in his bed.

Read more: [Evil couple posed for pictures in Jamaica days after murdering Liam Smith](#)

His devastated sister Chelsea explained to **Yorkshire Live** that her brother had been suffering seizures and sleep apnoea but doctors had ruled any serious illness out.

"He was fine at mum's birthday," she said. A post mortem has confirmed Cameron died of "sudden adult death", Chelsea added. She described how she and Cameron - also known as Cam - had always been close.

Chelsea said: "With a heavy heart, unfortunately we lost my brother Friday morning unexpectedly. Cameron was a very loved man with a sense of humour. We are all absolutely heartbroken."

**Aug.16, 2023 - New York - 34 year old
Riccardo Zebro, an Italian Chef who cooked
for Robert De Niro, died suddenly in his
sleep on Aug.16, 2023.**

Chef Riccardo Zebro found dead in New York: it's a mystery

by admin_16ma5gus — August 18, 2023 in World

0



The Milanese chef was found lifeless Riccardo Zebro, 34 years old, landed years ago in New York and star of Sant'Ambroeus West Village, a prestigious restaurant establishment. Her disappearance is a whodunit. Zebra was originally from Cassina De 'Pecchi, a small town east of Milan, and he should have returned to Italy for the summer holidays in a few days. He brought the tradition of Italian cuisine to the world and was also very popular on social networks. He had begun his career at the Sheraton Diana Majestic in Porta Venezia, then he had been to Bermuda and then to Manhattan, first at the San Carlo Osteria Piemonte restaurant in Soho and then at Sant'Ambroeus.

He had also cooked for Robert De Niro.

His death occurred in the night between 15 and 16 August. But she is still shrouded in mystery.

**Aug.16, 2023 - Belluno, Italy - 50 year old
Valentina Cervasio di Meano, a Spanish**

Teacher and avid mountain hiker died suddenly in her sleep on August 16, 2023. Family members found her dead in bed.

Dead in sleep Spanish teacher at Catullo di Belluno

Valentina Cervasio di Meano, mountain lover, would have turned 50 in a few days

August 16, 2023 at 5:31 pm | 1 minute reading



A beautiful smiling image of Valentina Cervasio, the teacher who died in her sleep at home

A sudden illness during the night between Tuesday 15 and Wednesday 16 August cut short the life of **Valentina Cervasio**, teacher of Spanish for years at the high school **Catullus** by Belluno. Passionate about the mountains, Cervasio would have turned 50 in a few days.

This morning, when family members entered the room to wake her up, the woman **he showed no signs of life**. The call for help was immediate and they could only see the woman's death.

Valentina Cervasio taught Spanish: for years at the Catullo institute, then in the last two years she had moved for bureaucratic reasons to the Comprehensive of Silea

two years she had moved for bureaucratic reasons to the Comprehensive of Silea where she worked in middle school. But from September 1 she would return to the Catullus definitively. He had already warned colleagues of his return and the news had left everyone happy. In fact, teachers and school manager remember Valentina as one **dynamic person**, full of energy, always with a smile, with a ready joke. In short, a person full of vitality.

**Aug.16, 2023 - Italy - 44 year old
photographer Anna Bruscaagli collapsed
while attending a beach party in Squillace,
Italy with a group of friends. She was found
dead in the night of August 16, 2023**

Squillace, an investigation has been opened into the death of Anna Bruscatlin

TRENDS Reid Trend about a month ago 20 REPORT



Squillace, an investigation has been opened into the death of Anna Bruscatlin

An investigation has been launched into the death of Anna Bruscatlin, 44 years old, from Catanzaro, who fell ill during the night between last Monday and Tuesday while she was attending a beach party in Squillace. She was there with a group of friends who wanted to spend a relaxing moment waiting for the mid-August holiday, which unfortunately had a dramatic epilogue.

The area chosen by the group is the northernmost part of the Squillace coast, in the Governor's area, which is difficult to access by emergency vehicles. During the bonfire set up by the group, the woman fell ill and, therefore, probably to favor the intervention of the Suem 118 doctors, who had been immediately



Anna Bruscatlin 24 Apr 2020

Tomorrow Forza Nuova, no-vax and conspirators of various genres would like to demonstrate to protest against the lockdown and "the biggest political experiment of mass psychological terrorism". Right on the anniversary of fascist liberation. Careless about the consequences of the epidemic on health and the healthcare system. You don't wish death on anyone, but if you really want to challenge the "dictatorship", be careful of your relatives, your friends and your loved ones. Because we die alone and we die badly.

Rate this translation

63

47 comments • 3 shares

Aug.14, 2023 - Rockville, MD - Susan Loftus died suddenly in her sleep while on vacation

in Higgins Beach in Maine, boogie boarding



Sunil Dasgupta is 🥺 feeling heartbroken.

Aug 19 · 🌐

This Monday, August 14, 2023, my friend [Susan Loftus](#) died suddenly in her sleep. We had been exchanging pictures and messages from our respective vacations the previous Friday. She was

respective vacations the previous Friday. She was at her beloved Higgins Beach in Maine with her beloved wife, [Terrie Young](#), boogie boarding, eating ice cream, getting some new beers--a last summer hurrah before the school year.

**Aug.13, 2023 - Burlington, VT - 36 year old
Chef Ahmed Omar died in his sleep on
Aug.13, 2023**

Burlington Restaurant Owner Ahmed Omar Dies Unexpectedly

By **MELISSA PASANEN**



Published August 15, 2023 at 7:45 p.m.



Ahmed Omar at Kismayo Kitchen in 2019

FILE: GLENN RUSSELL

→ [Click here for an expanded article updated on August 22.](#)

Updated on August 16.

Ahmed Omar, chef-owner of **Kismayo Kitchen** in Burlington, died on Sunday at his New North End home, according to his brother-in-law, Madey Shegow, who found him deceased in his bed early in the afternoon. **Shegow said it appeared that Omar, who was 36, died in his sleep.**

Shegow said he went to Omar's house to check on him after the chef failed to show up at Kismayo on Sunday morning to prepare for a catering job for several hundred guests. Omar's wife, Anisa Mohamed, and the couple's two young daughters were out of the country in Africa, Shegow said.

Aug.10, 2023 - New Iberia, LA - 36 year old Euclide Babin Jr died in his sleep on Aug.10, 2023. He had lost several family members, including his mother on July 25, 2022 and his uncle on July 28, 2023.

Euclide Babin Jr.



Murphy Jenkins is organizing this fundraiser.

Hi my name is Murphy and I'm fundraising for Euclide Babin Jr. My husband died in his sleep. July 25 2022 his mom passed. July 28 his uncle passed. August 8 2023 his moms dog had passed. August 10 2023 EUCLIDE BABIN had passed in his sleep. He has a bad heart problem and hypothyroid he had bad and it gets worse not taking your meds.

Aug.9, 2023 - Dartmouth, NS - 55 yo Brian Scott Sutherland died unexpectedly on Aug.9, 2023 at home. His partner, 59 yo

Robert Bobby Barkhouse died unexpectedly in his sleep on Mar.22, 2022

FUNERAL HOME AND CREMATION SERVICES



It is with great sadness we announce the unexpected passing of Brian "Scott" Sutherland, age 55, of Dartmouth, on Wednesday, August 9, 2023 at home. Born in Kentville, he was a son of the late Brian and Patricia (Warden) Sutherland. In addition to his parents, he was predeceased by his loving and devoted partner of 17 years, Robert "Bobby" Barkhouse in March 2022.

Scott is survived by his brother, Jason (Kelly) Sutherland, Centreville; his chosen sister and best friend for many years, Kathy "KP" Purcell and her partner Shawna Young. Scott shared a special relationship with Bobby's sister, Patti and family members. Scott is also survived by several aunts, uncles, nieces, nephews, cousins and friends.

Robert Bruce "Bobby" Barkhouse 1963-2022



We are deeply saddened to announce that Robert Bruce Barkhouse "Bobby" formerly of Mahone Bay passed away unexpectedly in his sleep at his home in Dartmouth on March 29th, 2022.

Bobby was born on March 23, 1963 at Fisherman's Memorial Hospital in Lunenburg, Nova Scotia. Although Bobby grew up and attended school in Mahone Bay his favourite memories were of his childhood home on Georges Island.

As an adult Bobby left for Ontario to pursue other ventures. He attended Marvel Academy and became a hairstylist working for Echo Salon in Kingston, ON. Bobby eventually returned to

Mahone Bay where he started his own painting service where he did interior and exterior painting for homes in the South Shore area for about seven years.

In 2005, Bobby met his life partner, Scott Sutherland, and they eventually moved to Halifax and then settled in Dartmouth.

**Aug.7, 2023 - Aug 21, 2023 - Menifee, CA - 41
year old Krystle Ochoa died suddenly in her
sleep on Aug.7, 2023.**

Celebration of life of Krystle Ochoa



Leon Hill is organizing this fundraiser.

September 6, 2023

Krystle passed away on the morning of August 7, 2023. She died in her sleep from what I was told. It pains me deeply that I was not there. I did speak to her however the early evening that she passed. We did tell each other that we loved each other. Krystle leaves behind 4 wonderful Children whom I have had the pleasure of participating in their lives. Often it was from a distance and under the radar, but I had a chance to watch them grow up.

Krystle was in a lot of pain. Most of the time you couldn't notice it because she was so

Aug.6, 2023 - Ronkonkoma, NY - Brian Flaherty, a local softball league player died

**suddenly in his sleep from a cardiac arrest
on Sunday morning August 6, 2023.**

'Everyone Was Family To Him': Community Mourns Three Village Dad, Husband After Sudden Death

Days after the unexpected death of a Long Island man, community members have amassed funds to support his widow and their four-year-old daughter.



Days after Brian Flaherty's death, the public has raised tens of thousands for his widow and the couple's four-year-old.

Photo Credit: *GoFundMe via Arianna Zee/Facebook via Lenora Flaherty*



Sophie Grieser  08/13/2023 12:00 p.m.

"Brian didn't have acquaintances or friends, he only had family. Everyone was family to him and that's how he lived and loved."

and that's how he lived and loved.

On Sunday, Aug. 6, Brian Flaherty died of a heart attack in his sleep, according to his wife Lenora and a GoFundMe set up by her sister, Arianna Zee.

Zee said that, though Lenora attempted to revive him with 911 on the phone, it was too late.

Now, as Lenora and the couple's four-year-old daughter Francesca navigate life without Brian, the Three Village community has banded together to help them out.

Aug.5, 2023 - Christchurch, New Zealand - 17 year old Kaitlyn Baker died suddenly in her sleep on August 5, 2023. "no underlying health issues"

Taranaki teen Kaitlyn Baker dies in sleep, leaving shocked family devastated



By [Ben Leahy](#)

8 Sep, 2023 06:30 PM ⌚ 3 mins to read

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Kaitlyn Baker passed away in her sleep on August 5, 2023, aged 17, leaving her Taranaki family devastated. Photo / Supplied

Todd and Nicky Baker's life plunged from joy to despair in just a few hours.

On the way home from their grandson's festive second birthday last month, the Taranaki couple from Patea received the police call no parent ever wants to receive.

Their youngest daughter - 17-year-old Kaitlyn - had been found dead in Christchurch.

She simply did not wake up on the morning of August 5.

Believed to have no underlying health issues beforehand, Kaitlyn's cause of death is a mystery and the family may have to wait until the end of a coroner's investigation before they get an answer.

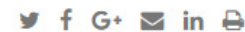
Aug.5, 2023 - Ireland - 20s year old primary school teacher Gemma McKenna died suddenly in her home on Saturday, August 5, 2023.

Tributes to classroom assistant who had 'profound impact' on school community



Gemma McKenna, who worked at Gaelscoil Ghleann Darach in Crumlin, died on Saturday. Picture: Gaelscoil Ghleann Darach

Paul Ainsworth



07 August, 2023 07:55

AN Irish language primary school in Co Antrim has paid tribute to a classroom assistant described as a "beautiful soul" following her death.

Gemma McKenna, who was in her 20s and worked in Gaelscoil Ghleann Darach in Crumlin, died suddenly on Saturday.

A former pupil of St Dominic's Grammar School in west Belfast, Ms McKenna, who was from the Crumlin area, was remembered fondly by parents of Gaelscoil Ghleann Darach after the school posted news of her death on social media on Sunday.

**Aug.3, 2023 - Manchester, UK - 35 year old
Becky Collins died suddenly in her sleep on
August 3, 2023. She was found dead by her
12 year old son and her niece who was over
for holidays sleepover.**



Becky was just 35
© MEN/UGC

'Tragedy as doting mum described as 'the most beautiful girl inside and out' dies suddenly aged 35

Story by Paul Britton • 1w

Tributes are being paid to a doting mum described by friends as 'the most beautiful girl inside and out' after her sudden death. Becky Collins was just 35 and leaves a 12-year-old son.

She died suddenly at her flat in Whalley Range, Manchester, last week. Her niece had a summer holidays sleepover with Becky and her son, but tragically she was found to have died in the morning, her devastated family revealed.

Becky suffered a previous heart attack at the age of 30. The family said they are now waiting for the results of a post-mortem examination to shed light on the tragedy and possibly determine a cause

of death.

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But Becky's heartbroken mum, Marie Collins, said the family have concerns over the physical state and furnishings of the flat Becky and her son were living in. She said she would be raising questions with a coroner ahead of any inquest.

It is understood Becky had lived in the private-rented flat for more than 10 years. She passed away on August 3.

Aug.2, 2023 - Tucson, AZ - 60 year old Jessica Ann Lerma Dodd, a Community Relations Manager died suddenly in her sleep on Aug.2, 2023. She died still having the "I got my COVID-19 vaccine" photo in her facebook profile.



Jessica Ann Lerma Dodd
April 15, 2021 · 🌐

- Community Relations Manger at Foothills Place
- Works at Foothills Place
- Lives in Tucson, Arizona
- From Corpus Christi, Texas

Ashley Araia Alivia is with Kayos Bobo Cruz and 2 others. ...
August 3 at 9:28 AM · 🌐

[My beautiful mom passed away in her sleep yesterday morning.](#) It's a shock to myself and sibling and all who loved her. As fast as life goes when it finally stops... you see all the things you missed. Whether it's the unspoken words or visits or laughs and hugs. You only wish you could go back and capture all those moments. So for those who still have their mothers hold them close and dear and always make time.



July 31, 2023 -Los Angeles - 59 year old Michelle Anne Dash, died in her sleep on July 31, 2023. She worked at an Alternative medicine/supplement store. "I have a

**healthy distrust of Authority - and I'm
vaccinated"**



Michelle Anne Dash
April 23, 2021 · 🌐



Michelle Anne Dash
August 20, 2021 · 🌐

(L.A.) Michelle Dash, 59, Died at a Residence

Deaths Local / deferred / 1

Case Number: 2023-09765

Los Angeles County is reporting the death of a 59-year-old White/Caucasian female that occurred at a residence.

The coroner's office has identified the woman as Michelle Dash.

RIP MICHELLE DASH (March 8, 1964–July 31, 2023)

Sondra Blair
July 31 at 7:06 PM · 🌐

It feels utterly unbelievable, something she would've definitely ascribed to this being the worst timeline, but [Joseph Blair](#) and I learned from her family today that our sweet and salty, snarky, sarcastic, brilliant, generous, kind, hard mode playing but not hardened, beautiful, lovely, and above all genuine and genuinely wonderful friend, [Michelle Anne Dash](#), sadly passed away peacefully in her sleep overnight. I hope Elon Musk gets the worst shits of his life today and that Paul Reubens was holding the door for her when she showed up in the afterlife. Please help us share amazing memories of Michelle and the many ways she touched us all, sometimes for the better

📁 Worked at Capitol Drugs (Pharmacy and Alternative Medicine)

July 29, 2023 - Middlesbrough, UK - Tony Harrison, age 41, served in the Coldstream Guards from 1997 to 2004 and even had breakfast with the Queen. He fell asleep in his sister's house on July 29, 2023 and died in his sleep.

Family's tribute after death of well-known 'perfect gentleman' and former Coldstream Guard


Tony Harrison's family and friends will say goodbye to him at his funeral next week

NEWS By [Rahima Miah](#) Community Reporter

06:00, 15 AUG 2023 | UPDATED 08:05, 15 AUG 2023

Bookmark 





 Tony Harrison joined the Coldstream Guards when he was 16-years-old (Image: Submitted)


A former Queen's Guard from Teesside who was well known in his local area has passed away.


Tony Harrison, 41, who lived in [Middlesbrough](#), served in the Coldstream Guards from 1997 to 2004 and even had breakfast with the Queen. He fell asleep in his sister's house on Saturday, July 29 and sadly did not wake up the next day.

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Darren Lloyd hunt: 'Serious concerns' for wanted 'stocky' man's welfare after Middlesbrough incident
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The tiny village where 'visitors go to the toilet in bushes and expose themselves in front of kids'
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Town by town breakdown of Covid-19 cases in Teesside as new sub-variant Eris spreads
- 

'Absolutely ridiculous': Trevor told to spot 'exact pothole' that popped two tyres on Stockton road

July 28, 2023 - Calgary, Alberta - 36 year old Jennifer Allen, Canadian surrogacy champion died unexpectedly in her sleep on July 28, 2023.

Beloved surrogacy champion Jennifer Allen mourned by families, colleagues, friends



Jennifer Allen, a Canadian surrogacy champion who helped well over 100 families achieve their dreams of having children, died at age 36 on July 28. (THE CANADIAN PRESS/HO-Maggie Keefe)

Nicole Ireland

The Canadian Press Staff

[Contact](#)

Published Aug. 3, 2023 1:09 p.m. MDT

Share



Jennifer Allen, a Canadian surrogacy champion who helped well over 100 families achieve their dreams of having children, has died at age 36.

After being a surrogate four times herself, Allen founded JA Surrogacy Canada in an effort to create a less "transactional," more supportive environment for both "intended parents" and the women serving as their surrogates, said Michelle Avery, the agency's chief operating officer and Allen's best friend.

• [Top health headlines, all in one place](#)

Allen believed strongly that everyone who wants a baby should be able to have one, but "she couldn't have everybody's baby," Avery said.

RELATED STORIES

- 'An incredibly prevalent issue': Expert explains when to seek fertility help
- Some Canadian employers offer egg freezing as part of expanded fertility benefits
- 'The right thing to do': Surrogate mother cares for baby as pandemic strands parents overseas

"So her goal was that everybody that came to her, she was going to help them to build their families and do it with transparency and integrity and compassion."

Allen died in Calgary on July 28. Her family is not specifying the cause of death, except to say that she died in her sleep and it was unexpected, Avery said.

She leaves behind her husband, Phil Allen, their 10-year-old daughter Abigail Maria Allen and their nine-year-old son Daniel John Louis Allen.

December 11, 1986 – Calgary, Alberta
July 28, 2023 – Calgary, Alberta

Jennifer Allen (nee Mcrae), of Calgary, AB, passed away suddenly on Friday, July 28, 2023, at the age of 36 years.

Jennifer was born in Calgary, AB, on December 11, 1986, and spent many of her developing years in Penticton, B.C.

Jennifer married the love of her life Phil Allen on May 12, 2012, and together they created their beautiful family with the births of their two children Abigail Maria Allen in December 2012 and Daniel John Louis Allen in April 2014.

She was the Founder and CEO of JA Surrogacy, a company that was built out of the love she experienced in becoming a mother and a surrogate herself. Her company was the expression of her core values, helping others to experience the love and dreams she felt blessed to have experienced herself. To this day her work and her village have supported hundreds of families around the world in becoming complete. Before JA Surrogacy, Jennifer had proudly worked at AARC and the Boys and Girls Club of Airdrie where she was able to support and empower young women and men to better lives.

Jennifer lived with intensity and accomplished much throughout her life and was particularly proud of the home she created and filled with her many animals, especially her beloved Griz. She would never shy away from loving an animal and attempting to pet it. Jennifer even tried to pet alligators in Florida and tigers in Thailand to the delight and horror of her husband and kids on their family vacations.

**July 24, 2023 - Lakeland, TN - 30 year old
Sam Billings died in his sleep on July 24,
2023; he leaves behind a young daughter**

Rosie's education fund after losing her father



Steele Billings is organizing this fundraiser on behalf of Bobby Billings.

On July 24th, 2023, we lost a beloved father, son, brother, and friend. Sam Billings, aged 30, died in his sleep, leaving behind his beautiful daughter, Rosie. His untimely passing has left a void in our hearts and a legacy that we are committed to preserving.

\$6

52 c



July 24, 2023 - Skelmersdale, UK - 31 year old mom Jade Preston had put her three children to sleep and was in bed with her partner when she suffered a major heart attack on July 24 "She had high cholesterol and was going to the doctor with chest

pains. They were telling her it was anxiety which was how they missed her heart problem. She went into cardiac arrest and her heart stopped for 40 minutes. Her partner started CPR and the ambulance came but she went into hospital on life support.



Jade Preston died after suffering a heart attack (Image: Bethany Preston)

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Mum, 31, told chest pains was 'anxiety' dies after putting her three children to bed

Jade Preston, 31, from Skelmersdale, had put her three children to sleep and was in bed herself with partner James Kinsey when she suffered a heart attack

She, reported the **Liverpool Echo**, added: "She had high cholesterol and was going to the doctor with chest pains. They were telling her it was anxiety which was how they missed her heart problem. She went into cardiac arrest and her heart stopped for 40 minutes. Her partner started CPR and the ambulance came but she went into hospital on life support.

"She had another cardiac arrest in hospital and they fixed her heart, she had a blocked artery but she was down so long that her brain was starved. They did scans but said she wasn't going to wake up and turned the machines off "

wasn't going to wake up and turned the machines off.
A **fundraiser** has now been launched to raise funds to help the family with funeral costs and a memorial. Set up by family friend Sarah Harris, it reads: "Jade passed away tragically and unexpectedly at the age of 31 leaving behind her partner and three young children. On the 24th July she suffered a major heart attack due to underlying coronary heart disease which led to cardiac arrest.

"After seven days in hospital on life support the doctors informed the family that her brain was without oxygen for too long which caused severe brain injuries and that there was no hope she would wake up. She then got took off the machines and after two days passed away peacefully surrounded by her loved ones.

July 23, 2023 - Kitchener, ON - 24 year old Nyatike Chuol William was found dead by her roommates at her residence on July 23, 2023 She died suddenly in her sleep



Nyatike Chuol William

Wednesday, December 16th, 1998 - Sunday, July 23rd, 2023

Recommend this to your friends.



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Funeral Details

Memory Wall

Photos & Videos

PRINT

Obituary

Nyatike William Deng Chuol unexpectedly passed on July 23, 2023 at her residence in Kitchener, where she was found deceased by her roommates. She was born on December 16, 1998 in the Itang Gambella Region in Ethiopia.

Nyatike moved to Canada in 2000 with her parents William and Mary and two brothers Changkuoth and Gew, settling in Kitchener/Waterloo, Ontario. She had another brother Jack in the following years. Apart from her siblings, Nyatike also had four beautiful nieces, Addison, Jayda Nyawal, Leila Nyayang and Ahzuri Nyapal.

Nyatike was a kind-hearted, loving, caring and hard-working person, and she will be missed by many.

Nyatike had finished elementary school at Foundation Christian School and went on to finish at St. Mary's High School. She went on to complete her studies at the University of Waterloo in 2020, earning a degree in History.

July 17, 2023 - Victoria, BC - 40 year old Phil Rendall died unexpectedly in his sleep on July 17, 2023. He leaves behind 3 young girls.

Support for the Rendall Family



 Julie Cordner is organizing this fundraiser.

Created 6 days ago •  [Funerals & Memorials](#)

On Monday, July 17th, Phil Rendall passed away completely unexpectedly in his sleep at 40 years old. Phil adored his wife Melissa and their 3 young girls, Mackenzie (11), Khloe (9), and Kaylee (5). He was a local business owner and his company Infinity Heating &

July 14, 2023 - Vancouver, WA - 47 year old Teresa Marie Meyer died suddenly and unexpectedly in her sleep on July 14, 2023. She was a former flight attendant who


**worked at Amazon. Her 14 yo son found her
dead.**

College fund for Evan



 **Team fundraiser**

Katie OBrien Sokol and Rulynn Seino are organizing this fundraiser.

Created July 18th, 2023 •  [Education](#)

On 14 July 2023, Teresa Meyer passed away, suddenly and unexpectedly, in her sleep leaving behind her amazing 14 year old son, Evan.

BROUGHT TO YOU BY EVERGREEN MEMORIAL GARDENS

Teresa Marie Meyer

Vancouver, Washington

May 11, 1976 - July 14, 2023

Tribute Wall Obituary & Events

 Chris Eastwood is 😞 feeling sad. ...

4h ·  **July 14, 2023**



Teresa Meyer

Apr 16, 2021 · 🌐

I am in shock to hear of the sudden passing of Teresa Meyer. The entire old school Studios Characters family has lost a wonderful, funny human being who always brought so much joy to the department. ❤️



BROUGHT TO YOU BY EVERGREEN MEMORIAL GARDENS

Teresa Marie Meyer

Vancouver, Washington

May 11, 1976 - July 14, 2023

Tribute Wall

Obituary & Events

Leah Acton, teacher and mother of 5, died in her sleep on July 13, 2023. Her husband found her dead.

Funeral and Burial of Leah Acton



Abigail Acton is organizing this fundraiser on behalf of Gregory Acton.

Leah Acton was a vivacious wife, mother, daughter, sister, aunt, and friend to all. She was a super mom to five, the loving companion to her husband Greg, an elementary school teacher, and a force for good in her community.

On Thursday, July 13th, 2023, Leah's husband Greg awoke to find her unresponsive in the bed beside him. She had passed away quietly in her sleep at the age of 53. She leaves behind her husband and five children, ages 25, 23, 19, 16, and 13 who are reeling from this trauma. Leah was healthy and happy even up to the time of her death, so we are left wondering how this could happen. The medical examiner believes it may take up to 90 days to determine a cause of death and issue a death certificate. though they have released her

July 9, 2023 - Beaver Ridge, MD - 24 year old Alex died unexpectedly in his sleep on July 9, 2023.

Funeral and cemetery expenses



Eugene Williams is organizing this fundraiser.

Hello my name is Eugene Williams , And I'm broken as I write this for a worker and his family . Sunday morning I received a phone call that Alex a 24 yr old died in his sleep . Roberto his Dad has worked for me for 16 years and his son Alex had just started this year with me . There are no words as a father of 2 boys myself how this family is feeling and going through losing a son so young . I am trying to help the family with the cost of the funeral home and cemetery costs . Please any help you can give would be greatly appreciated and would help this family tremendously. Thank you Gene

**July 9, 2023 - Austin, TX - 30 year old Jacob
Matthew Ledford died suddenly on July 9,
2023. "My family was not expecting this
tragedy. He passed away his sleep very
suddenly. I am shattered"**

Family and Funeral of Jacob Ledford



Alexis Parodi is organizing this fundraiser.

Hi my name is Alexis Parodi. Jacob ledford was the love of my life. I loved him so deeply. And we had a beautiful family. My family was not expecting this tragedy. And my fiancé did not have life insurance. So if anyone would like to help. I have created a go fund me so that I can give him a beautiful funeral. And support me and the kids as well. We would appreciate all the help we can get. This man deserved so much more. He passed away in his sleep very suddenly. I am shattered. He deserves to be honored. I love this man. If you would like to help thank you. My family appreciates it. Thank you

Jacob Matthew Ledford

16 APRIL, 1993 - 9 JULY, 2023

IN THE CARE OF

[Brookside Funeral Home-Cypress Creek](#)

Jacob Matthew Ledford, age 30, of Austin, Texas passed away on Sunday, July 9, 2023.

**July 8, 2023 - Buford, GA - 43 year old
Gbemisola Kumolu died in her sleep on July
8, 2023**

MEMORIAL FUND FOR A YOUNG MOTHER GBEMISOLA KUMOLU



 Team fundraiser

Tamilore Kumolu and 4 others are organizing this fundraiser.

Dear family and friends,

My mum, Gbemisola Kumolu sadly and suddenly passed on Saturday, July 8th, 2023 in her sleep at the age of 43. We had spoken the night before, said goonights, only to find her unresponsive in her room in the morning. She was a vibrant, loving, and compassionate young mother, wife, daughter, sister and friend who brought joy and happiness to everyone around her.

July 7, 2023 - Vineland, NJ - 33 year old Nadia Chubok returned from a routine night shift as a medical professional lay down to sleep and did not wake up. She died suddenly on July 7, 2023, leaving behind 2 orphaned kids age 4 and 11

Unexpected loss



 **Team fundraiser**

Sonia Polishchuk and 2 others are organizing this fundraiser.

On Friday July 7th, 2023, our beloved Nadia Chubok departed this life when her heart stopped suddenly. She returned home after working a routine night shift as a medical professional, lay down to sleep and did not awake. Her unexpected passing at the mere young age of thirty-three, leaves behind two orphaned children, ages eleven and four.

July 5, 2023 - McHenry, IL - 35 year old Lucas J Reynolds died suddenly in his sleep on July 5, 2023. "He was found dead in the afternoon"

The Memorial of Lucas Reynolds



Jake Reynolds is organizing this fundraiser.

My brother Lucas was just 35 years old when he was found dead on the afternoon of July 5th. He was pronounced dead on the scene and assumed to have gone in his sleep. This heartbreaking event has hit us all very hard and Lucas will be remembered deeply. We are raising money for my family to cover funeral expenses.

June 30, 2023 - Windsor, ON - 49 year old Dave Hunter, a top realtor and "entrepreneur of the year" was found dead in his sleep on morning of June 30, 2023.

Daughter of community champion Dave Hunter speaks on father's sudden death at age 48



Sanjay Maru
CTV News Windsor reporter

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Updated July 4, 2023 10:52
a.m. MDT

A well-known champion of Windsor-Essex who was actively involved in charity events, launched a magazine and touched countless lives across the region has died at the age of 48.

Dave Hunter was found dead in his sleep on the morning of June 30, according to his daughter Madison.

June 26, 2023 - Colleyville, TX - 37 year old Nancy Otworth McClure died suddenly in her sleep on June 26, 2023. She leaves behind an 8 year old boy

Scholarship Fund for Robert in memory of Nancy



\$2,93

40 don



See i

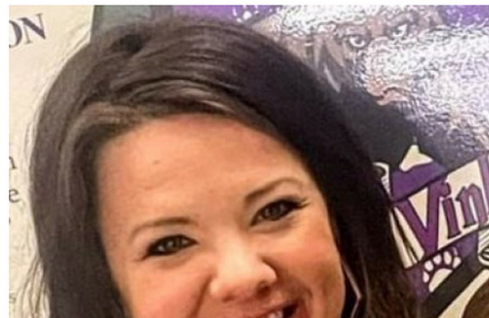


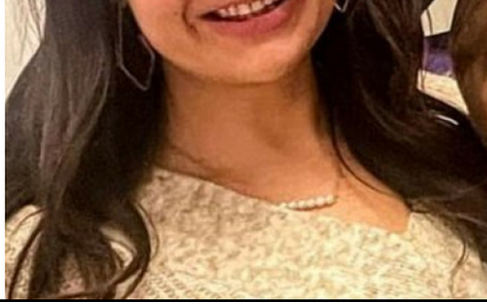
Kris Martens is organizing this fundraiser on behalf of Michael McClure.

Hello. My name is Krissy Martens and I am representing Kappa Delta Sorority, Nu Chapter at Oklahoma State University. On Monday, June 26th, 2023, one of our dear sisters in AOT, Nancy McClure (Otworth), passed away peacefully in her sleep. Nancy leaves behind her beloved husband, Michael, and one beautiful son, Robert.

Nancy Otworth McClure

SEPTEMBER 13, 1985 - JUNE 26, 2023





June 24, 2023 - Lacey, WA - 52 year old Diana Lynn Hume, Kindergarten teacher at Holy Family Catholic School died suddenly in her sleep on June 24, 2023. She was found dead by her 14 & 19 yo daughters.

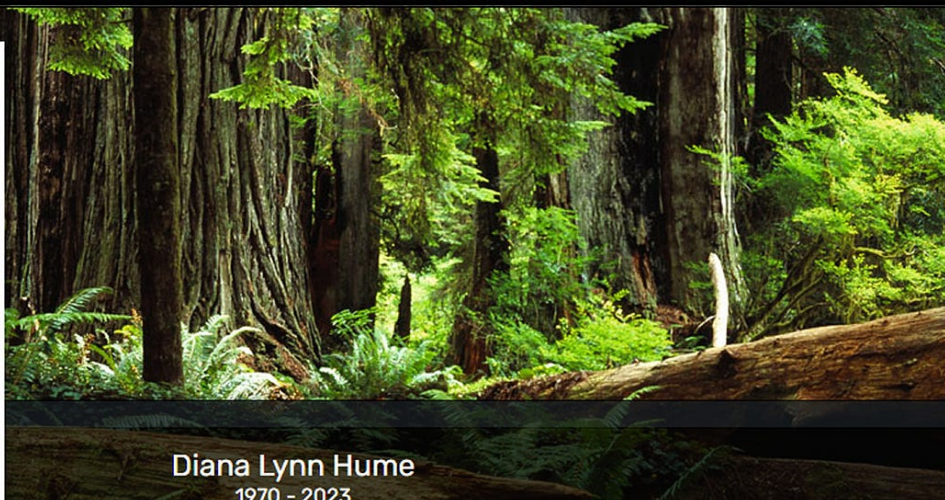
Our beloved Kindergarten teacher Diana's family.



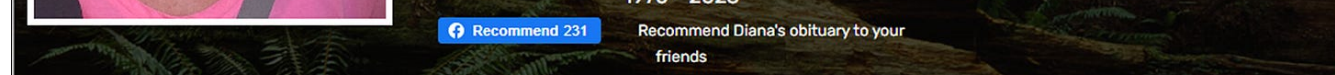
Jessica Lindstrom is organizing this fundraiser on behalf of Timothy Hume.

Hello,

We, the parents of Kindergarten students at Holy Family Catholic School in Lacey, WA are raising funds for the two surviving daughters of our beloved Kindergarten Teacher Diana Hume. Diana unexpectedly passed away in her sleep and was found by her daughters. We would love for the girls to have the opportunity to grieve and not have any



Diana Lynn Hume
1970 - 2023



June 6, 2023 - San Rafael, CA - 49 year old professional soccer player Chris Anderson died suddenly in his sleep on June 6, 2023. He was also with San Francisco Police Department

Family of Chris Anderson



Team fundraiser



Chamin Mills and Brigitte Moran are organizing this fundraiser on behalf of Monique Anderson.

On June 6th, 2023 Chris suffered a heart attack in his sleep and never woke up. He was only 49. Which is why we need you to keep reading.

Chris was born in San Francisco and grew up in Novato. He graduated from San Marin High School and then Sacramento State. He was a D1 college soccer player and played professionally after he graduated. Soccer remained a huge part of Chris's life both through his kids and playing competitively his entire adult life. Chris was with the San Francisco Police Department for 24 years and made many lifelong friendships in the department.

Chris was quiet but incredibly strong. A rock for his wife, Monique, and their three children, Lucq, Owen, and Tait. He would do absolutely anything for his family. He loved them fiercely and they were legitimately the most important people to him. Behind his tough facade, he shared a goofy silly side with his family.

Lucq (20) attends College of the Redwoods. Owen (16) attends Real Salt Lake Soccer Academy in Utah. Tait (14) just graduated 8th grade at St. Anselm School and is headed to Branson in the Fall.

My Take...

On August 17, 2023 I wrote a substack article with **30 cases of “died in their sleep”**.

Here are another 50 cases in the past 2 months.

SADS while Sleeping - Sudden Adult Death Syndrome, were the first deaths I ever reported in December 2021. That’s what prompted me to start investigating these deaths and why they were happening.

The summer of 2023 really was the “summer of death in sleep” for the COVID-19 vaccinated, and it seems these deaths are ACCELERATING!

A very brief analysis of this group:

- **Men 25 : Women 25**
- **ages: 10-19 - three died in this group**
- **the deadliest age range was 30-39 (18 deaths out of 50)**

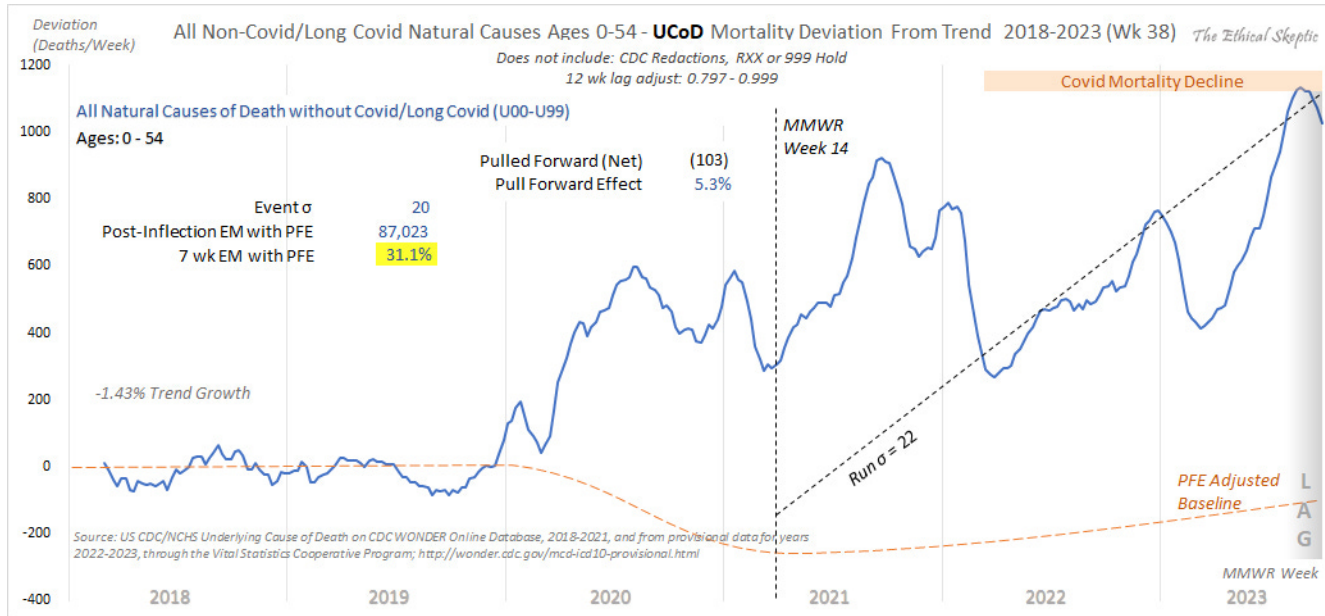
- **5 Teachers**
- **2 Athletes (competitive)**
- **2 Chefs + 1 food inspector**
- **1 doctor + 1 healthcare worker**
- **1 actor + 1 singer**
- **1 Police Officer**

We also have one autopsy that concluded a “Sudden Adult Death Syndrome”.

NONE OF THIS IS NORMAL.

CORRESPONDS WELL to the Mortality Data published recently by Ethical Skeptic - huge acceleration in deaths ages 0-54 in the past 6

months to an ALL TIME HIGH!



Excludes:

U00-U99 (Codes for special purposes - COVID/LONG COVID)

V01-Y89 (External causes of morbidity and mortality)

999-999 (Data not shown due to 6 month lag to account for delays in death certificate completion for certain causes of death.)

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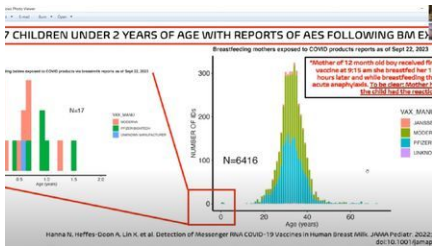
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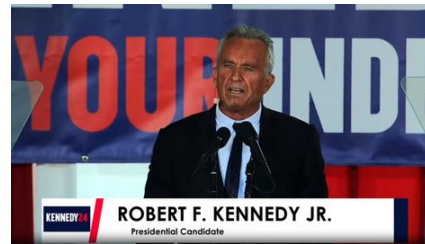
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Hamas Targets
Music Festival:
At Least 260
Dead



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